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New Year's Resolutions: Religious Americans say they want to do this more in 2024

<https://www.christianpost.com/news/new-years-resolutions-religious-americans-want-to-do-this-more.html>

About 60% of Americans who make New Year's Resolutions are aiming to increase their engagement in religious activities in 2024, a CBS News/YouGov poll has found. This surge in spiritual commitments ties with the desire to lose weight, ranking seventh among popular resolutions.

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